Thursday, march 19<sup>th</sup> 2020

# Radiotherapy and metastases, palliation

### Noordelijke Refereeravond Radiotherapie









**University Medical Center Groningen** 

### Noordelijke Refereeravond Radiotherapie

The department of Radiation Oncology is very pleased to invite you to the upcoming research meeting 'Noordelijke Refereeravond Radiotherapie'.

### Radiotherapy and metastases, palliation or more?

### Summary

- Radiotherapy is an effective treatment for metastastatic lesions that cause complaints, with relatively low doses of irradiation.
- Recent developments shed a new light on treatment strategies in metastatic disease, which will be discussed during this meeting.
- Jenske Geerlings will discuss the results of the PEEP study, in which the effect of better patient information on palliation was investigated.
- Joris Ploegmakers will discuss to what extend palliative treatment combined with surgery may improve long term mobility of metastatic patients.
- Jorik Slotman will present e new proposal of an innovative approach using MRIguided High Intensity Focused Ultrasound (MR-HIFU), for treatment of painful bone metastases.
- Finally Carole Mercier will discuss the added value of ablative radiotherapy in case of oligometastatic disease, which may result in improved (disease-free) survival.

### **Target group**

Radiation oncologists, residents, medical physicists and RTT's.

# Program

Chair:	Judith Dasselaar, MD. PhD, resident Radiation - Oncology UMCG
17.30-18.00	Welcome and registration (sandwiches will be served)
18.00	Introduction Judith Dasselaar
18.05-18.30	PEEP study: giving pain-education to the patient, it works. Jenske Geerling, nurse practioner palliation UMCG
18.30-18.55	What operative techniques can offer in Metastatic bone disease J.J.W. Ploegmakers MD, PhD, Orthopedic Surgeon, UMCG
19.00-19.20	Coffee Break
19.20- 19.45	Treatment of painful bone metastases with MRI-guided High Intensity Focused Ultrasound (MR-HIFU). Jorik Slotman, student Technische geneeskunde
19.45-20.15	Oligometastases and SABR <b>Carole Mercier</b> , MD, PhD, radiation Oncologist GZA Antwerpen, Belgium
20.45	Closing drinks and snacks

20.15 Closing drinks and snacks

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#### **Location venue**

UMCG, Lokaal 16, Hanzeplein 1, 9713 GZ Groningen Please follow the signs 'Noordelijke Refereeravond Radiotherapie' within the UMCG.

### Registration

Please be aware that registration in advance is mandatory. Registration will be on the 'first come, first serve' basis. We kindly request you to registrate at: refereeravond@rt.umcg.nl

### **Further Information**

Secretariat Radiation Oncology UMCG Tel: +31-(0)50 - 361 55 32

#### Website links

umcgroningenptc.nl umcgprotonentherapiecentrum.nl/

### Parking

A parking place is available in parking garage 'UMCG Noord' or parking garage 'UMCG Zuid' (both paid parking). You can reach parking garage 'UMCG Noord' via the

Vrydemalaan (follow UMCG Noord).

